



What should I do if my child is ill?

Would you have kept your child off school before Covid-19?

Yes

Keep your child off school.
Let the school know.

Do they have:

- a new continuous cough (coughing a lot for more than an hour or having 3 coughing episodes in a day)?
- A temperature (this means they feel hot to touch on their back or chest)
or
- A complete loss or change of smell or taste?

Yes

No

Your child can return to school when they feel better.

Keep your child off school and at home.
Go to the <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> website and arrange for a test to be done alternatively you can call 119. Your child and your household must self-isolate until you have the result of this test.

Let the school know.

No

Do they have:

- a new continuous cough (coughing a lot for more than an hour or having 3 coughing episodes in a day)?
- A temperature (this means they feel hot to touch on their back or chest)
or
- A complete loss or change of smell or taste?

Yes

No

Speak to their specialist team about testing criteria if you haven't already seen or spoken to them or had a letter in the post telling you when to worry.

Yes

Does your child have an underlying chronic medical condition such as cystic fibrosis?

No

Children who are otherwise unwell with:

- runny noses
- sore throats without a fever
- mild colds without a cough

Can go to school as normal.